

# IS THE QUANTITATIVE MEASUREMENT OF IMMATURE GRANULOCYTES ON SYSMEX XN-1000 HEMATOLOGY ANALYZER TRULY RELIABLE?

## JE LI KVANTITATIVNO MJERENJE NEZRELIH GRANULOCITA NA HEMATOLOŠKOM ANALIZATORU SYSMEX XN-1000 DOISTA POUZDANO?

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### Abstract

**Introduction:** The diagnostic and prognostic significance of immature neutrophils has been extensively documented. To ensure rapid response to our clinicians we aimed to verify the reliability of the quantitative measurement of immature granulocytes (IG) on a Sysmex XN-1000 hematology analyzer (HA).

**Methods:** The verification protocol included the precision study performed on both patient and commercial quality control (QC) samples (repeatability and total precision) and the comparison with the reference manual method (light microscopy) according to CLSI H20-A2:2007 guidelines. Two blood smears were prepared and stained using the May Grünwald Giemsa (MGG) technique. Two experienced medical laboratory scientists differentiated all duplicate stained slides.

The method imprecision was expressed as a coefficient of variation in percentages (CV %) and compared to the manufacturer's performance criteria (25.0 % or  $0.12 \times 10^9/L$  IG for repeatability; 30 % for total precision). An average bias between the automated method and the manual method was calculated using the Bland-Altman plot and compared to the manufacturer's acceptance criteria ( $\pm 1.5$  % IG). According to the manufacturer, a correlation coefficient between methods should be  $>0.80$ . Additionally, a rank correlation between methods was performed. Statistical analysis was performed in MedCalc® v23.1.1 statistical software (MedCalc Software Ltd, Ostend, Belgium)

**Results:** The repeatability on both patient and QC samples was within the acceptance criteria, ranging from 8.7 % for high IG concentrations to 18.3 % for low IG concentrations. Total imprecision for all concentration levels was within the acceptance criteria ( $<6$  %). One hundred patients were included in the comparison study. IG values ranged from 0.7 to a maximum of  $23.3 \times 10^9/L$ . Bland-Altman plot revealed a satisfactory positive absolute bias of 1.2 % IG (95 % CI: 0.9 – 1.5,  $P < 0.0001$ ). Rank correlation revealed a satisfactory correlation coefficient of 0.90 (95 % CI: 0.86 – 0.93,  $P < 0.0001$ ).

**Conclusions:** The hematology analyzer Sysmex XN-1000 meets all the manufacturer's specifications regarding quantitative IG measurements. The method has been verified and is suitable for daily routine work within the six-part differential blood count, thus significantly improving turnaround time in severe cases where every second to diagnosis count.

**Keywords:** complete blood count; immature granulocytes; smear review; Sysmex; hematology analyzer (HA)

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## Sažetak

**Uvod:** Dijagnostički i prognostički značaj nezrelih neutrofila detaljno je dokumentiran. Kako bismo osigurali brzu reakciju prema našim kliničarima, cilj nam je bio provjeriti pouzdanost kvantitativnog mjerenja nezrelih granulocita (IG) na hematološkom analizatoru Sysmex XN-1000.

**Metode:** Protokol verifikacije uključivao je ispitivanje preciznosti na uzorcima bolesnika i komercijalnim kontrolnim uzorcima (ponovljivost i ukupna preciznost), te usporedbu s referentnom ručnom metodom (svjetlosna mikroskopija) prema smjernicama CLSI H20-A2:2007. Pripremljena su i obojena dva razmaza krvi tehnikom May Grünwald Giemsa (MGG). Dva iskusna medicinsko-laboratorijska inženjera razlikovala su sve duplikate obojenih razmaza. Nepreciznost metode izražena je kao koeficijent varijacije u postocima (CV %) i uspoređena s kriterijima proizvođača (25,0 % ili  $0,12 \times 10^9/L$  IG za ponovljivost; 30 % za ukupnu preciznost). Prosječna pristranost između automatizirane i ručne metode izračunata je pomoću Bland-Altmanovog dijagrama i uspoređena s prihvatljivim granicama proizvođača ( $\pm 1,5$  % IG). Prema proizvođaču, korelacijski koeficijent između metoda trebao bi biti  $>0,80$ . Također je provedena rang-korelacija između metoda. Statistička analiza provedena je u softveru MedCalc® v23.1.1 (MedCalc Software Ltd, Oostende, Belgija).

**Rezultati:** Ponovljivost na bolesnicima i QC uzorcima bila je unutar prihvatljivih granica, u rasponu od 8,7 % za visoke koncentracije IG do 18,3 % za niske koncentracije IG. Ukupna nepreciznost za sve razine koncentracije bila je unutar prihvatljivih granica ( $<6$  %). U studiju usporedbe uključeno je 100 pacijenata. Vrijednosti IG kretale su se od 0,7 do  $23,3 \times 10^9/L$ . Bland-Altman dijagram pokazao je zadovoljavajuću pozitivnu apsolutnu pristranost od 1,2 % IG (95 % CI: 0,9 – 1,5,  $P<0,0001$ ). Rang-korelacija pokazala je zadovoljavajući koeficijent korelacije od 0,90 (95 % CI: 0,86 – 0,93,  $P<0,0001$ ).

**Zaključak:** Hematološki analizator Sysmex XN-1000 ispunjava sve specifikacije proizvođača u vezi kvantitativnog mjerenja IG. Metoda je verificirana i prikladna za svakodnevni rutinski rad u sklopu šestodijelne diferencijalne krvne slike, čime se značajno poboljšava vrijeme obrade u hitnim slučajevima, gdje je svaka sekunda do dijagnoze važna.

**Ključne riječi:** kompletna krvna slika; nezreli granulociti; pregled razmaza; Sysmex; hematološki analizator



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## Introduction

Immature granulocytes are early-stage neutrophilic cells that mature in the bone marrow before being released into the bloodstream. The production of mature granulocytes is affected by outer or inner stimuli of the bone marrow. An increased number of immature granulocytes (IGs) in the peripheral blood is an indicator of emergency granulopoiesis, a response mechanism of the bone marrow leading to releasing premature granulocytes to the bloodstream. A high IG count can be found in cases of infection, inflammation, and sepsis, but also diseases of bone marrow [1]. Although the white blood cell count continues to attract the most attention, it is least useful, and evidence suggest that emphasis should be shifted to other complete blood count (CBC) parameters, one of which is the IG fraction [2,3]. Immature granulocyte percentage is a useful marker to predict infection and its severity [4]

**Elevated immature granulocyte count is associated with severe outcomes and can indicate infection, inflammation, or sepsis.**

## Clinical decision

The IG count can act as an indicator for sepsis and inflammatory conditions such as rheumatoid arthritis [5, 6, 7]. According to a study by Georgakopoulou et al., greater IG values were associated with severe and critical cases of SARS-CoV-2 infection [8]. Other infections, such as febrile urinary tract infections in children can use the IG count as an early detection marker [9]. In neonates, it is considered that immature granulocytes can be present in peripheral blood in smaller amounts, as a response to bone marrow's high production of cells. Ianni et al. have even tried to

establish a reference interval for such values for newborn population [10]. In some other immature to total neutrophil ratio (I/T ratio) of newborn population has been explored as an indicator of early onset neonatal sepsis [11]. Nigro et al. have also studied the newborn population, and their results and conclusions were similar, but referred only to the IG count [12]. Meanwhile, Wettin et al. have found that low counts of immature granulocytes may indicate neonatal infection [13]. One study of pregnant women has shown immature granulocytes to be an independent risk factor for predicting gestational diabetes mellitus, preterm delivery and macrosomia [14]. The diagnostic use of immature granulocytes is highly explored for different infections and inflammatory conditions, and the results are pointing out that the IG count is largely underutilized. It can also be combined with other inflammatory markers, such as CRP, to assess the severity of an inflammatory condition as it can be determined from routine laboratory test results and requires no additional intervention or cost [15, 16].

Automated hematology analyzers (HA) such as the Sysmex XN-1000 are widely used to perform the complete blood count and offer information on abnormal cells such as immature granulocytes, abnormal lymphocytes and blasts. The IG count comprises metamyelocytes, myelocytes and promyelocytes. Blasts and band neutrophils are not considered immature granulocytes.

Manual microscopy is still the reference method for IG %, according to CLSI H20-A2 guidelines [17]. It's time and labor intensive and demands significant expertise. Also, a manual count is often imprecise, as it is composed of a relatively small number of cells. Additionally, it's susceptible to human error and subjective judgement. In contrast, the IG count given by the automated HA is available in only a few minutes, which is particularly important for laboratories with high throughput. Also, the results are consistent, standardized and more uniform.

Sysmex XN-1000 is a widely used hematology analyzer and immature granulocytes show great results as an indicator of inflammatory and infectious conditions. Patient samples used in our study comprised all samples with a measured value of IGs, resulting in a wide range of values 0.7 – 23.3 % IG. Taking in all the samples with an IG value ensured a variety of conditions causing immature cells appearing in the bloodstream. The differences in study results on the IG% threshold and protocols used to evaluate the IG concentration measurement encouraged us to analyze XN-1000 by the CLSI and ICHS guidelines [17, 18, 19]. All the inconsistencies regarding the IG % threshold and trustworthiness of the Sysmex HAs pose a problem with reporting assessment of the IG % parameter within the six-part differential. The aim of this study was to verify the quantitative IG count of the Sysmex XN-1000 HA and to assess its degree of association with the manual count with the goal of reducing blood film review rate without compromising clinical reliability.

## Materials and Methods

The experimental study was performed during October and November 2024 at the Department of Medical Laboratory Diagnostics, University Hospital Sveti Duh, Zagreb, Croatia. The verification protocol included analyzing Precision, Comparability, Limit of Blank (LoB) and Accuracy (comparability with the reference method) [20].

### Precision, Comparability and Limit of Blank

A short precision study was conducted including repeatability and total precision. The repeatability study was performed using three patient samples in three different concentration ranges and commercial quality control samples SYSMEX XN CHECK™ (lot 4246, exp: 11/24) on three concentration levels, across 20 replicates. The total precision study was carried out utilizing commercial quality control samples SYSMEX XN CHECK™ (lot 4246, exp: 11/24) on three levels, repeated over a 30-day period. Since the study on immature granulocytes was performed on two identical Sysmex XN-1000 analyzers, a short comparison study was performed to ensure data comparability was maintained. Forty patient samples were included in the comparison study.

Verification of the Limit of Blank (LoB) was achieved by measuring a blank sample (containing only water) across 20 replicates [21].

Manufacturers' acceptance criteria for the Precision, Comparability and Limit of Blank were used. Coefficients of variation (CVs) were compared.

### Accuracy

The accuracy of the Sysmex XN-1000 HA on IG concentration measurement was established by comparison to the reference method, a manual smear review. One hundred whole blood K<sub>2</sub>EDTA samples were collected, broadly varying in the IG concentration range. The accuracy was verified through comparing the IG count by the Sysmex HA to the IG count obtained by the smear review. Blood smears were stained using the May Grünwald Giemsa (MGG) staining technique and examined on the Olympus BX53 microscope. For every blood sample, two smears were prepared, and a 200-cell manual differential was performed by two experienced medical laboratory professionals, according to CLSI H20-A2:2007 guidelines [17]. The number of promyelocytes, myelocytes and metamyelocytes counted by the manual smear review were added together, in order to enable comparison to the IG% count offered by the Sysmex HA.

### Statistical analysis

The precision study results were expressed as imprecision for both repeatability and total precision and were reported as coefficient of variation [CV (%)]. An average bias was calculated using the Bland-Altman plot for both

**Table 1:** Results of the repeatability study for measurement of immature granulocytes on Sysmex XN-1000 hematology analyzer

REPEATABILITY	PATIENT SAMPLES							QC SAMPLES					SYSMEX XN-1000 CRITERIA	
	L	CV ABS	M	CV %	H	CV %	XN 1	CV ABS	XN 2	CV %	XN 3	CV %	Concentration	Bias %
IG (x10 <sup>9</sup> /L)	0.1	0.04	0.11	10.8	0.12	19.6	0.078	0.03	0.22	9.2	0.52	8.1	IG>0.10 x 10 <sup>9</sup> /L	25.0% or ± 0.12 IG
IG%	1.02	0.35	2	18.3	6.39	10.2	2.6	0.89	3.2	9.9	3.1	8.7	WBC>4.0, IG%>2.0%	25.0% or ± 1.5% IG

L, M, H- patient samples with low, medium and high concentration of immature granulocytes.  
XN 1, 2, 3- quality control samples for Sysmex XN-1000 (Level 1, Level 2 and Level 3).  
Green color- acceptable results.

the comparison between the Sysmex HA, as well as the comparison between the automated and manual method. The latter was employed in assessing the accuracy of the Sysmex’s IG count. In addition, a rank correlation for both comparisons was performed. Statistical analysis was performed in MedCalc® v23.1.1 statistical software (MedCalc Software Ltd, Ostend, Belgium). All the results were evaluated in contrast to the manufacturer’s acceptance criteria. P-Value<0.05 was considered statistically significant.

**Results**  
**Precision**

The repeatability results presented in Table 1 were within the acceptance criteria (25.0 % or 0.12 x 10<sup>9</sup>/L IG) on all three concentration levels for both patient and quality control samples. The QC samples showed slightly lower CV (up to 9.9 %) rather than patient samples (which were up to 19.6 % for high IG concentrations). The total precision results from the quality control samples were also within the manufacturer-defined acceptance criteria (30 %) and are demonstrated in Table 2.

**Comparability and LoB**

Strong correlation (correlation coefficient 0.98, 95 % CI: 0.97 – 0.99, p-value<0.0001) that exceeds the established

manufacturers criteria (correlation coefficient>0.40) was observed between the analyzers. The verification of the Limit of Blank also matched the criteria, with all results.

**Accuracy**

The accuracy results were calculated using IG count obtained by the manual smear review as the reference method. The Bland-Altman plot revealed a positive average bias of 1.2% IG (95% CI: 0.9 – 1.5, P<0.0001), which aligns with the manufacturer’s criteria (±1.5% IG). Rank correlation showed a satisfactory correlation coefficient of 0.90 (95% CI: 0.86 – 0.93, P<0.0001), which also corresponds to the defined criteria (correlation coefficient>0.80).

**Discussion**

The Sysmex XN-1000 HA meets the defined manufacturer’s IG count specifications. It shows great results within the precision study (comprising repeatability and total precision), comparability study between analyzers and LoB verification. To assess its accuracy, we compared the XN-1000’s IG counts with those obtained by manual microscopy, the established reference method, according to CLSI H20-A2:2007 guidelines. Our results indicate that Sysmex HA delivers reliable and reproducible IG counts within the six-part differential, suggesting that its

**Table 2:** Results of the total precision study for measurement of immature granulocytes on Sysmex XN-1000 hematology analyzer.

TOTAL PRECISION	QC SAMPLES			SYSMEX XN-1000 CRITERIA		
	XN CHECK 1	XN CHECK 2	XN CHECK 3	XN CHECK 1	XN CHECK 2	XN CHECK 3
IG (x10 <sup>9</sup> /L)	4.4	3.1	6	30	30	25
IG%	3.8	2.8	3.2	30	30	25

XN CHECK 1, 2, 3- quality control samples for Sysmex XN-1000 (Level 1, Level 2 and Level 3).  
Green color- acceptable results.



automated IG measurements are sufficiently accurate for clinical use.

An overestimation bias was observed on the automated IG count compared to manual microscopy, consistent with findings from previous studies also done on Sysmex's hematology analyzers [22, 23, 24]. By evaluating a significantly larger cell population, the automated system detects lower IG levels that manual counts might miss due to their smaller sample size. Nevertheless, the positive bias remains within the manufacturer's specifications.

Serrando Querol et al. compared the Beckmann Coulter DxH 900 to Sysmex XN20 analyzer and found that the DxH 900 shows better agreement for the IG count in all cases with manual microscopy, and also confirmed previously mentioned positive bias, especially for samples with IG % > 5 % [24]. Linko-Parvinen et al. have suggested utilizing different thresholds on Sysmex XN-1000 whether the IG % is reported or not. If the IG % is reported within the six-part differential, they suggest the threshold for a smear review to be 6 %, and if it is not reported they find the 3 % threshold more adequate [25]. When comparing the Sysmex XN-2000 to Horiba Yumizen H2500, the statistically significant difference of the IG % was explained by differences in methods used by the HAs. The Yumizen H2500 uses the impedance method in addition to the flow cytometry method to count immature granulocytes, in contrast to the XN-2000 using the fluorescent flow cytometry in all channels [26]. In another study, evaluation of Sysmex XN-9000 for detecting IGs in cases of myeloid neoplasms revealed some inconsistencies between XN-9000 and the manual count and ascribed it to inaccurate IG gating in the scattergram and morphologically abnormalities of immature cells [27]. Starks et al. analyzed autovalidation middleware data and raised the IG % threshold from 2 % to 5%, after finding it prevented 6 % of all samples from being autovalidated on Sysmex XN-9000 [28].

The different results obtained by the mentioned studies can be due to many factors. The specific patient group, e.g. patients with a myeloid neoplasm or children can make the results biased. Variations in protocols, including the use of only one slide in the study, or a smaller total cell count number in the smear review (standard 100-cell differential) deviate from established guidelines, and make the results less reliable. Furthermore, Sysmex HAs use the same method for counting immature granulocytes, but vary from other hematology analyzers, making the threshold harder to standardize. Laboratories that use autovalidation also struggle to assess the accuracy of the flag, as they cannot afford to overlook any cases by autovalidation protocol. The manual smear is prone to different mistakes, such as losses due to the fact that IGs are larger cells located at the feathered ends of the smear and smaller total cell count, besides the already mentioned reasons.

The reliability of the automated IG count supports its potential to alleviate a heavy workflow by reducing the smear review rate. The analyzer's reproducibility and

consistency minimize the subjectivity and excess labor associated with a manual smear review. Furthermore, the HA generates the IG count within minutes as part of the six-part differential, improving turnaround time and workflow efficiency.

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**Emergency medicine relies on rapid turnaround, and the Sysmex XN-1000 provides automated, reliable IG counts within every CBC, enabling results within minutes for timely clinical decisions.**

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However, the XN-1000 does not morphologically differentiate between different WBC precursor cells (promyelocytes, myelocytes and metamyelocytes), which could pose a problem with specific patient groups and complex hematology cases. The analyzer's limitations should be considered when setting the IG % threshold for warranting a smear review.

This study evaluates XN-1000's ability to measure immature granulocytes ranging from very low concentrations not reported by the flagging system to very high ones appearing in cases of severe bone marrow response. The analyzers used in our laboratory are comparable and reliably provide IG concentration results.

In summary, the XN-1000 offers trustworthy results and is an efficient alternative to a manual smear review regarding the IG count. To ensure accurate diagnoses, one must take into consideration the automated IG count in context of each clinical case. Sysmex XN-1000 provides reliable quantitative IG measurement results, effectively complementing manual microscopy. Automated IG reporting could be incorporated as a part of the CBC, thus significantly improving turnaround time in severe cases where every second to diagnosis count.

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